How to share your story Adult Groups

This is your chance to tell the group who you are and explain the events and circumstances that have shaped the person you have become <u>so far</u> in this thing called "life". Don't feel pressure that you have to be a great storyteller or have a spectacular "story"...just be yourself. There is no right or wrong way to share your story, simply tell us about your life...the good, the bad, the ugly. Each person will have 5-10 minutes to share their story. Below are some questions and points to help guide your story. These are just suggested topics for you to think through as you prepare to share your story... don't try to answer each of these questions (that would take way too long!) Remember to bring pictures and props to help visually tell your story (i.e.: family photos, childhood mementos, picture of your house growing up, anything that helps visually explain where you are coming from...). Try to make it fun!

- Share about your childhood
 - Share basic details and information about your family (where you grew up, siblings, parent situation)
 - o What was the "climate" of your family life?
 - o Who were the people that influenced/impacted you as a child?
 - o What events helped mold and shape you...for the good and the bad
 - o How has your childhood effected who you are today?
 - What was your perception of God as a child? Did you have a perception of God?
 Of Jesus? The Church?
 - What was a positive childhood memory? What was a bad childhood memory?
- Share about your Middle School & High School years
 - o What were you like during that time in your life?
 - O What activities were you involved in?
 - o How did those activities shape who you are today?
 - What are some defining moments or experiences from those days that impacted your life and who you are today?
 - o What was your family like during that time in your life?
 - During this time in your life, what did you think of God? The Church? Jesus?
- Share about your years in college
 - o What type of person were you when you arrived on campus?
 - o What were your hopes and dreams for your time in college?
 - What were you involved in? Are you still involved in those activities?
 - o What was your perception of God? Of Christians on campus?
- Share where you are today
 - o What do you want people to know about you...about the person you are today.
 - What are your family relationships like? How do they continue to influence who you are?
 - Where are you on your spiritual journey? What is your perception of God today? Share honestly about your relationship with God...the ups...the downs...where you struggle...what you have overcome, etc.
 - What are some obstacles you face in life that are shaping who you are? (Sin issues, baggage issues, family issues, physical issues, etc.)
- Share your heart for the future
 - What are your hopes and dreams...are there goals in life you want to accomplish?
 - O What type of person do you want to become? To be known for?
 - o What type of relationship do you want with God?